# The Pearson Centre for Young People

# Newsletter

2 Nuart Rd, Beeston, Notts NG9 2NH 0115 9254112



Visit our website: www.thepearsoncentre.org.uk

SEPTEMBER 2018

# DATES FOR THE DIARY

## SEPTEMBER

Boys' Brigade Company Section Start Back Athletics After School Club Start Back Boys' Brigade Anchors and Juniors Start Back Cookery After School Club Start Back Dodgeball After School Club Start Back Discovery After School Club Start Back

Girls' Brigade Start Back
Find Your Art After School Club Start Back
Pantomime Script Read Through

**OCTOBER** 

Pantomime Rehearsals Commence Holiday Club

10th September

10th September

11th September 11th September

12th September

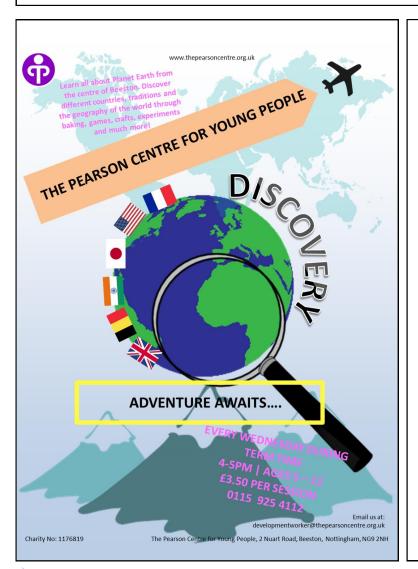
12th September

13th September

13th September

26th September

3rd October 29th—2nd November



### **ATHLETICS COMPETITION**

Well done to all the young people from our Athletics After School Club who took part in our termly competition.

Our afterschool Athletics Club was visited by Commonwealth Games weightlifting bronze medallist Emily Campbell. Prior to her taking up weightlifting, Emily was a hammer thrower. She shared her Games bronze medal with the group. She is also the British Champion for her weight category.

This term during Athletics we have been focusing on a variety of skills such as shot put, the bleep test, javelin, sprinting and relays.

Athletic runs every Monday 4:30—5:30pm.

If you are interested in joining, contact The Centre to find out more!





#### **CAMP 2018 HIGHLIGHTS**

Our GB and BB had great fun whilst away on camp! There is a fantastic opportunity for next years camp—see in newsletter to find out more!

If you are interested in joining Girls' Brigade or Boys' Brigade, contact The Centre for more information.



#### **CROSS COUNTRY**

Back in June our BB and GB took part in the Nottingham Cross Country at Wollaton Park.

Well done to all those that took part!

Juniors - William Bowness - 1st Juniors - Ethan Jarvis - 4th

Juniors - David Taplin - 8th

Juniors - Ben McDougall - 10th

Juniors - Anping Wang - 22nd Juniors - Harry George - 23rd

Juniors - Harry George - 23rd Company Section- Alfie Russell 2nd

Seniors- Rhys Davies 1st

Well Done to Abbie McDougall for runner-up in the Girls' Brigade Junior race & Lucy Ward for runner-up in the Girls' Brigade Senior race.



#### **BOY5' & GIRL5' BRIGADE**



<u>Monday</u>



7 - 9:30pm Boy; Brigade Company & Seniors

(Age 11-14, 14+)

Tuesday

6:15-7:30pm Boys' Brigade Anchor Boys

(Age 5—8)

6:15-8pm Boys' Brigade Junior Section

(Age 8—11)

Thursday

5:45 -7pm Girls' Brigade Explorers

(Age 4 -8)

6:30-8:15pm Girls' Brigade Juniors

(Age 8—11)

7-9pm Girls' Brigade Seniors & Brigaders

(Age 11-14, 14+)

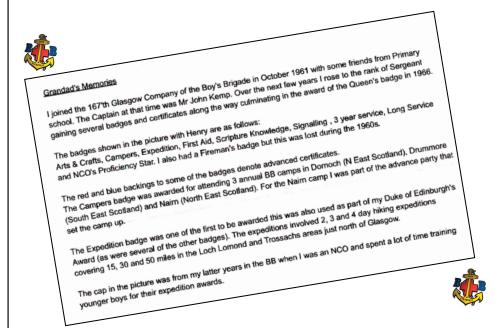




# Boys' Brigade - Grandad's memories

Henry (pictured below) is part of our Boys' Brigade Junior Section. Henry has been visiting his Grandad who was a B.B. Sergeant in the 1960s. He was awarded the Queen's Badge in 1966.

Here is a picture of Henry wearing his hat and holding his armband. His Grandad has told Henry all about his time whilst being part of The Boys' Brigade. Boys' Brigade is a great club to be part of, you can get involved now by contacting The Centre!





# BOY\$' BRIGADE & GIRL\$' BRIGADE \$UMMER HIGHLIGHT\$

We have had a fantastic summer term at both Boys' Brigade and Girls' Brigade.

In Boys' Brigade we have made water rockets, competed in the dodgeball competition, chip shop survey, scooter and bike night and enjoyed lots of outside games.

In Girls' Brigade we enjoyed playing crazy golf, making
Wimbledon cupcakes, had a go at dancing, had a water fight and
planned an escape room.













#### **ANUUAL CAMPING RESIDENTIAL 2019**

After having so much fun on this years camp, Girls' Brigade and Boys' Brigade now have the opportunity to go to Normandy, France on next years camp!

If you in school year 6 and above you do not want to miss this exciting opportunity!

The activities may include aerial adventure, orienteering, archery, low ropes course, kayaking, fencing, power kites, climbing, abseiling, raft building, trapeze, high ropes together with an opportunity for a day trip out.

The accommodation will be in floor boarded tents with camp beds, showers and located only 5 minutes from the beach. Members will travel by coach and ferry to the site. We have been lucky enough to receive some funding so the cost of this residential to each member will be £160 which is the same cost as this years trip to Prestatyn.

In order to secure a place for your son or daughter a non-returnable deposit of £50 needs to be paid and returned with a slip no later than 27th September 2018.



## Community Groups at The Pearson Centre for Young People

#### Mondays

10-11am U3A Beeston - Table Tennis 10:30-12:30pm -

every month)

11-12md U3A Beeston -Table Tennis 4:30-5:30pm Athletics 5-11 years 6-6:50pm Sculpted Fitness, Women's box fit class

#### **Tuesdays**

9:45am & 10:45am Early Years Music Group (term time only) 10-12md Lace Makers Group 10-12md Broxtowe Keep Fit (Keep fit class for the mature person)

12:10-1:10pm Pilates

4-5pm Cookery Club 5-11 years

#### Wednesday

9:45-10:30 am Kitchen Dancina 10-12md U3A Writing for Pleasure 10-11am U3A Beeston Table Tennis U3A Psychology (fourth Monday of (first Wednesday of every month) 10:30-11:30pm U3A Badminton 12:30-3pm The Speech, Sign & Song

> 2 -3pm Liberty Sport (Seated Exercise)

4-6pm Sprouts (Term Time only) Drama group for children

4-5pm Dodgeball 5-11 years

4-5pm Discovery 5-11 years

7-8:15pm Beeston Fitness - Yoga 8-9:30pm Beeston Biz Badminton

#### **Thursday**

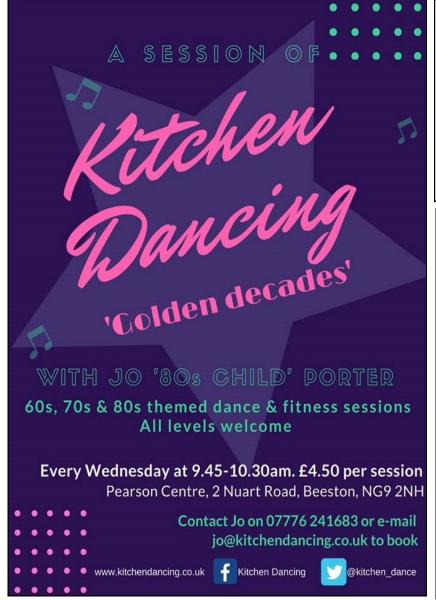
9:30-12md Lace Makers Group 11 -12md Dixon Dynamics Respiratory Exercise class 4-5pm Find Your Art 5-11 years 4:30-5:30pm Youth gym (yr 6-16 years)

#### Friday

9:45am & 10:45am Early Years Music Group **U3A Beeston Table Tennis** 10:30-11:30am 4-7pm Sprouts (Term Time only)

#### Sunday

10 — 2pm Harvest Chapel



#### LOST PROPERTY

Have you misplaced something recently? No worries it may be in our lost

property box! Please come down to The Centre and claim any items you think you may have lost whilst

visiting us. The box will be emptied on

12th September and any unclaimed items will be taken to a charity shop, so please hurry!





#### SUMMER HOLIDAY CLUB

#### 'THROUGH THE DECADES'

Here are some highlights from our Summer Holiday club. We did lots of baking, crafts, swimming, cinema trips, learnt about the different decades and most importantly had a lot of fun!

We are now taking bookings for our October Holiday club.

Contact The Centre to find out more.



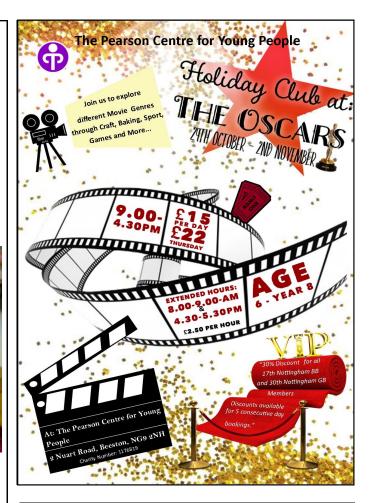












#### **CARNIVALS**

Thank you to everyone who visited Charlotte and Jennifer at both Chilwell Carnival and Beeston

Carnival. It was lovely seeing familiar faces and great to meet new ones too!

Well done to those who one our 'Guess the Weight of the Craft Jar'. We are sure our winners will have lots of fun making things and being creative!

#### 69th ANNUAL PANTOMIME

We are excited to announce our next Annual

Pantomime this year which will be

'Little Red Riding Hood'. The script read through will commence on the 26th September with

rehearsals starting 3rd October. If you are part of our Boys' and Girls Brigade and are yr 6 and above, take part in this exciting and fun

opportunity by becoming part of this years pantomime!

#### DEVELOPMENT PROGRAMME - AFTERSCHOOL CLUBS

We had a fantastic summer term in our development programme. We have lots on offer at The Centre.

If you are interested in joining contact our development worker, Charlotte at:

developmentworker@thepearsoncentre.org.uk

**Athletics**—This term we have been focusing on personal bests. The children have also learnt the basics of throwing through shot put and javelin along with enjoying lots of running and sprinting outside!

**Cookery** - This term we have been traveling around the world tasting and making a variety of recipes from different cultures and countries. We have made fresh pasta, macaroons, mocktails and red velvet cake to name a few!

**Dedgeball**— We have had loads of fun in dodgeball learning lots of throwing techniques and enjoying dodgeball games such as bulldog and hostages.

We have also continued to work alongside Nottingham University Dodgeball Society.

**Discovery**— Focusing on natural disasters, we have erupted our own volcanos and learnt about earthquakes. We have also visited different countries to find out about their traditions. Some places we have focused on include Japan, Brazil and New Zealand.

**Find Your Art**— Our theme this term has been 'Outside Art'. We have been using objects from outside such as nature crowns, leaf collages and also creating large pieces outside such as yarn sculptures and messy portraits.

**Youth Gym**— Now available for Yr 6 and above we have excellent facilities with our youth gym. Whether you want to work on cardio or your core, our motivating fun youth gym sessions has it all!

















#### **DEVELOPMENT WORK**

#### Our development programme operates during school term time only

#### **Athletics**

If you would love to be fast like Usain Bolt, multi event like Katarina Johnson-Thompson, be a champ like Laura Muir or jump like Greg Rutherford, whilst having lots of fun, then come along to the Athletics session on Mondays 4.30pm-5.30pm at The Centre! You'll be taught the fundamentals of throwing, jumping and sprinting and, if you're 8 years old and over, there'll be an opportunity to join Notts Athletic Club! The session is for primary school children aged 5-11 years.

#### **Cookery Club**

Do you want to learn to cook some new meals in a fun atmosphere? If so, then this is the club for you. It's an excellent way for children to develop important life skills and teach them the responsibility of not only enjoying food... but clearing up afterwards! We've had show stopper challenges and techniques competitions such scone sculptures, bread making, rice crispy cakes and pasta. If you're interested in joining in, contact the Pearson Centre and book a place prior to the session to make sure there'll be enough ingredients to go around. It runs every Tuesday 4pm-5pm for ages 5-11.

#### Dodgeball

Run in conjunction with Nottingham University Dodgeball Society, you will learn four vital skills for Dodgeball mastery: Duck, Dodge, Dip and Dive! It runs every Wednesday 4-5 pm for primary school children aged 5-11. So if you fancy coming along to get the chance to throw a ball at your friends (because it's so much fun), then just drop down to The Pearson Centre and join in.

#### **Discovery**

Learn all about Planet Earth from the centre of Beeston. Discover different countries, traditions and the geography of the world through games, baking, crafts, experiments and much more! Experience world foods, fascinating architecture, volcanic eruptions and what it is like to be in David Attenborough's shoes! Discovery runs every Wednesday during term time, 4-5pm for primary school children aged 5-11.

#### **Find Your Art**

Love being creative but not sure what you like best? At 'Find your Art' you will have the opportunity to explore and have fun with a variety of Arts and Crafts, including textiles, dance, music and art. If you're interested in joining in, contact The Centre and book a place prior to the session to make sure there'll be enough materials. It runs every Thursday 4pm-5pm for ages 5-11.

#### **Youth Gym**

Would you like to keep fit but too young to join the local gym? Come along to The Pearson Centre Youth gym! We have a brand new, specialised gym for young people between school year 6-16 years old. So why not come down and have some fun at our sessions!

The session runs on Thursdays 4:30pm—5:30pm.

For further information on any of these activities can be obtained by either phoning the office on 0115 9254112 or by emailing: developmentworker@thepearsoncentre.org.uk



